

BANNOCKBURN SWIMMING CLUB, INC

<http://www.bannockburnpool.com>

Pool Phone: 301-229-6876

GENERAL INFORMATION & ACTIVITIES 2010

POOL SCHEDULE

The Bannockburn swimming pool will open for a pre-season weekend on Saturday and Sunday, May 15th and 16th (regular weekend hours). The season will officially open on Memorial Day Weekend, Saturday, May 27th, at 10:30 AM. Festivities that day will begin at 2:00 PM. The pool will close sometime after Labor Day, depending on the weather conditions in September. During the extended season, pool hours will be determined by the Board, week by week, and posted on the bulletin board and/or the web site.

HOURS

All weekends & holidays	10:30 AM - 7:30 PM
Weekdays while public schools are open	2:00 PM - 7:45 PM
Weekdays while public schools are closed	10:30 AM - 7:45 PM
Weekdays in June and July extended evening hours	pool closes at 8:30 PM

POOL OPERATING RULES

A copy of the pool's operating rules is on our web site and will be prominently posted at the pool. If you'd like to be sent a hard copy, please email Claire Kelly at c_1_kelly@yahoo.com. Please take the time to read the rules thoroughly. Parents, please make sure that your children know, understand, and observe these rules. If you bring guests to the pool, you are responsible for ensuring that they understand and observe the rules. We want the pool to be safe and enjoyable for everyone.

Please note that children who are not fully toilet-trained may use the wading pool, but are not permitted in the main pool, or in the shallow "ell". There will be no exceptions, not even for toddlers with diapers that are designed for use in water. All children under the age of 8, and any child 8 through 13 who has not passed the required swimming test, must at all times be under the direct supervision of a parent or designated adult when using either the main pool, the shallow "ell", or the wading pool. Any members who flagrantly or repeatedly violate the rules may have their memberships suspended or canceled.

GUEST TICKETS

Guest tickets are available at the desk in \$20 books.

Guest Fees:	ADULTS	CHILDREN (under 16)
Weekdays	\$4	\$2
Weekends and Holidays	\$5	\$3
Weekly passes for houseguests:	\$16	\$9

Guest tickets and passes may be purchased only by an adult member and only by personal check. Absolutely no cash will be accepted.

To minimize pool overcrowding, members planning to bring more than 4 guests on a weekend are asked to check with the pool manager (301-229-6876) before coming to the pool.

The Board considers it an abuse of guest privileges and a violation of the rules:

- a) If a member repeatedly brings, as a guest, a person who could reasonably be expected to be an active member.
- b) If a member brings, as a guest, an inactive permanent member (except in the case of an inactive member living outside the D.C. area, who is in town temporarily or for a brief portion of the pool season)

POOL CLOSURES FOR HOME MEETS

During the swim team home meets, the pool will be closed for several hours. During the meets on Saturday June 19, June 26,, July 17 the pool will be closed until noon. It will also be closed until noon on Saturday, June 9, for Time Trials. During the home meets on Wednesdays, June 16, June 23, and July 7, the pool will be closed from 5:00 PM onwards. Please check for changes on the bulletin board at the pool entrance. We welcome spectators; please come cheer on the Dolphins!

SWIM TEAM PRACTICE

Afternoon hours for swim team practice and lane allocations will be posted at the pool. During the afternoon team practice hours, a minimum of one adult lap lane will be available; one non-lap lane on the "ell" side of the pool, and the shallow "ell" will be available to all swimmers except to swim team members.

MEMBER RELATIONS

The Board wishes to encourage active participation of all members. We welcome your input. Any suggestions, comments or complaints should be made to the on-site Pool Manager or to the Board Members serving as Ombudsmen. A complete list of Board Members follows below. The Board's meetings are open to members and notice of dates and times will be posted at the Pool.

SWIMMING LESSONS

We plan to offer group and private swimming lessons and a life-saving course. Details will be posted at the pool, or you may see the Pool Manager for further information.

POTLUCK DINNERS AND CRAB FEAST

There will be potluck suppers every other Sunday evening, the exceptions being Memorial Day Weekend and Labor Day Weekend when the suppers will take place on the Monday of the holiday. The schedule will be posted at the pool and on the web site. All members, active and inactive, and their children are welcome and new members are especially encouraged to participate. Each family should bring a beverage and contribute an entree, salad & bread, or dessert to feed your family plus 6 others. Cocktails begin at 6:00 PM (BYO) and dinner at 6:30 PM. The Annual Crab Feast will be held **July 10th**. Get your babysitters now! Sign-up will be at the pool. Members who would like to volunteer their ideas and time to help organize and run events should call Liz Gouldman at (301) 320-9247, gouldman@verizon.net.

SUNRISE SWIM

The pool will be open for early morning lap swimming (adults only) from 6:30 AM - 8:00 AM, Monday through Friday, beginning on Thursday, June 11th and ending on Friday, August 27th. All six lanes of the pool will be available. For additional information, the pool manager.

WATER AEROBICS

In the past the Club has offered two water aerobics programs at the pool for members. The details for this are still being worked out. Watch the web site or signs at the pool for details once the pool season begins.

BANNOCKBURN SWIM CLUB BOARD OF DIRECTORS – 2010

<u>Name</u>	<u>Position</u>	<u>Email</u>	<u>Telephone</u>
David Evans	President	evansd13@gmail.com	(301) 263-9634
Liz Gouldman	Co-President	gouldman@verizon.net	(301) 320-9247
	Director of Communications and Social Events		
John Chadwick	Director of Capital Projects	jjchad@comcast.net	(301) 229-9294
Trish DiRuggiero		trish_diruggiero@hotmail.com	(301) 320-6144
Tom Helf		Tomhelf@aol.com	301-263-0972
Claire Kelly	Director of Membership & Events	c_l_kelly@yahoo.com	(301) 320-4855
Andy Kline	Director of Finance, Operations	andykline99@gmail.com	(301) 263-0506
	Swim Team Liaison		
Celeste Molleur		cmolleur@earthlink.net	(301) 229-1136
Eric Nichols	Secretary & Ombudsman	e4nichols@gmail.com	(301) 229-3824
Kyle Than		kylethan@yahoo.com	(301)-320-3421

SWIM TEAM - *The DOLPHINS need YOU !!*

The Bannockburn Dolphins Swim Team would like to welcome back all members of the 2009 Dolphins Team and invite all members' children ages 5 to 18 to join us for a summer of fun and excitement. Girls and boys compete in their own age groups, improve their swimming skills, and, most importantly, have a lot of fun. In addition to the season-ending Awards Banquet, we are planning a full schedule of Social Events including activities like the pasta party, bingo, tie-dye party, movie day, and pancake breakfast.

We have afternoon practices Monday through Thursday between 4 and 6:30 PM starting on Tuesday, June 1st. Friday afternoon practices will take place on June 4, and June 11 only. Morning practices begin on Thursday, June 17th, and are weekdays between 8:30 and 10:30 AM, in addition to the afternoon practice. Swimmers are grouped by age and ability. Registration for the swim team will be at the pool on the evening of Wednesday, May 26th from 5 to 7 p.m.

To accommodate the wide range of experience among our 8 & under swimmers, we have a Pre-team program. Special pre-team practices give more attention to younger swimmers at the early stages of their development. We hold these practices three days a week for a half an hour and are currently scheduled for Mondays and Tuesdays from 3:30 p.m. to 4 p.m. and Thursdays from 6:30 to 7:00p.m. Pre-team practice starts Monday, June 7. Contact Kate Wassiliew at 301-461-0588 or kwassiliew@verizon.net for further information.

The Dolphins will compete in Division C this season. The competitive season consists of five dual "A" meets held at 9:00 AM, a Relay Carnival, and a Divisional Championship. Five less formal "B" meets provide competition for swimmers of all skill levels. "B" meets begin at 6:00 PM on Wednesdays. Contact A team rep Abbie Fosburgh at 202-338-4060 or abbie.littlejohn@gmail.com or the B team rep Cheryl Rothenberg at 301-263-0506 or cherylsr@gmail.com for further information.

SWIM TEAM SCHEDULE

5/26 Registration from 5-7 PM

6/9 Time Trials 8:30-11 AM @ Bannockburn

7/24 Swim Team Awards Banquet

A Meets – Saturdays 9:00 am (warm-ups start at 8:00 am)

6/19 Woodley Gardens @ Bannockburn– pool closed until noon

6/26 Potomac Woods @ Bannockburn - pool closed until noon.

6/27-7/11 Window for Relay Carnival - actual date and location TBA

7/3 Bannockburn @ Potomac

7/10 Bannockburn @ Damascus

7/17 Germantown @ Bannockburn – pool closed until noon

7/24 Divisionals – location TBA

7/31 All Star Relay Meet Rockville Municipal Swim Center

8/1 All Star Individual Meet Rockville Municipal Swim Center

B Meets - Wednesday afternoons, 6:00 pm (warm-ups start at 5:00 pm)

6/16 Bannockburn @ Bannockburn – pool closes at 5:00 p.m.

6/23 Carderock Springs @ Bannockburn – pool closes at 5:00 p.m.

6/30 Bannockburn @ Palisades

7/7 Somerset @ Bannockburn – pool closes at 5:00 p.m.

7/14 Bannockburn @ Mohican